

**San Diego County  
 Mental Health Severity Screening**



**\*For new clients who are accessing services; not individuals already connected with a provider**

| Service Provider  | Indicators  |
|---|---|
| <p><b>Specialty Mental Health Services Provided by the County Mental Health Plan</b></p> <ul style="list-style-type: none"> <li>▪ Contact the San Diego County Access &amp; Crisis Line at (888) 724-7240</li> <li>▪ A member may access a County Behavioral Health Program directly</li> <li>▪ For an emergency, call 911</li> </ul> | <p>If <b>any</b> of the following indicators of <b>serious impairment/disturbance</b> in mood, behavior, and/or psychosocial functioning are met, the member may be referred for Specialty Mental Health Services through the County.</p> <ul style="list-style-type: none"> <li>€ Acute risk of harm to self or others</li> <li>€ Psychotic symptoms (delusions, hallucinations, paranoia)</li> <li>€ Marked cognitive impairment (confusion, disordered thinking, poor concentration)</li> <li>€ Impulsive, reckless, aggressive behavior with marked decline in self-control</li> <li>€ Serious incapacitation or unable to perform key roles and/or usual daily activities, such as work, school, household tasks, or self-care</li> <li>€ Repeated psychiatric hospitalizations</li> <li>€ History of a serious suicide attempt or injury to others</li> <li>€ Appears to need on-going case management or therapy</li> <li>€ On LPS Conservatorship</li> <li>€ Symptoms of chronic mental health condition(s) are significantly exacerbated by new life stressors or circumstances</li> </ul> |
| <p><b>Behavioral Health Services Provided by the Medi-Cal Managed Care Health Plan*</b></p> <ul style="list-style-type: none"> <li>▪ Contact the appropriate Health Plan below</li> </ul>   | <p>If <b>any</b> of the following indicators of <b>mild to moderate impairment/disturbance</b> in mood, behavior, and/or psychosocial functioning are met, the member may be referred to their Medi-Cal Managed Care Health Plan</p> <ul style="list-style-type: none"> <li>€ In need of behavioral health treatment due to a situational issue such as loss, break up, major life changes</li> <li>€ Isolation or substantial disruption in relationships with family, friends, or other social supports, resulting in extreme distress</li> <li>€ Excessive truancy or suddenly failing school</li> <li>€ Symptoms are likely to be resolved in 6 months or less with psychotherapy</li> <li>€ Member has been stable on psychotropic medications for 1 year or longer and requires medication management only</li> </ul>   |

**\* TO REACH A PLAN REPRESENTATIVE**

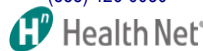
Care1st Health Plan  
 (855) 321-2211



Community Health Group  
 (800) 404-3332



Health Net (MHN)  
 (888) 426-0030



Kaiser Permanente  
 (877) 496-0450



Molina Healthcare  
 (888) 665-4621

