

## **ADOLESCENT PROGRAMS**

*Adolescent programs provide substance abuse treatment for adolescents and their families. Outpatient services, crisis intervention, and residential treatment services are offered in our urban and rural communities.*

### **Program Goals:**

- Provide developmentally appropriate substance abuse treatment services for adolescents throughout the County
- Increase access to care by reducing wait times to entering programs
- Help youth reach their full potential by ensuring 35% of participants either complete program and/or demonstrate progress
- Promote self-sufficiency by ensuring at least 90% of participants either remain in school and/or educational setting
- Contribute to the decrease in crime by ensuring 90% of participants have no new arrests

## **CENTRAL**

### **NON-RESIDENTIAL SERVICES**

#### **McAlister Institute (MITE)**

North Central Teen Recovery Center  
7867 Convoy Court, Building #5, Suite 302  
San Diego, CA 92111  
Tel: (858) 277-4633 Fax: (858) 277-4933

#### **Palavra Tree**

Central South Teen Recovery Center  
1212 South 43rd Street, Suite C  
San Diego, CA 92113  
Tel: (619) 263-7768 Fax: (619) 262-5040

#### **Satellite Program**

2878 Imperial Avenue  
San Diego, CA 92102  
Tel: (619) 238-7393 Fax: (619) 696-0492

## **NON-RESIDENTIAL SERVICES (cont'd)**

#### **Palavra Tree**

Central North Teen Recovery Center  
4001 El Cajon Boulevard, Suite 206 and 207  
San Diego, CA 92105  
Tel: (619) 280-2300 Fax: (619) 280-2345

#### **San Diego Youth Services (SDYS) Teen Options**

(Pregnant & Parenting Adolescents)  
3660 Fairmount Avenue  
San Diego, CA 92105  
(619) 521-2250

#### **Union of Pan Asian Communities (UPAC) (Drug Medi-Cal only)**

3288 El Cajon Boulevard, Suite 13  
San Diego, CA 92104  
Tel: (619) 521-5720 Fax: (619) 521-5728

## **EAST**

### **NON-RESIDENTIAL SERVICES**

#### **McAlister Institute (MITE)**

East County North Teen Recovery Center  
550 Fesler Street, Suite G-3  
El Cajon, CA 92020  
Tel: (619) 588-5361 Fax: (619) 588-5421

#### **McAlister Institute (MITE)**

East County South Teen Recovery Center  
7800 University Avenue, Suite A-1  
La Mesa, CA 92115  
Tel: (619) 465-4349 Fax: (619) 465-4739

## **NON-RESIDENTIAL SERVICES (cont'd)**

## **NORTH**

#### **Mental Health Systems, Inc. (MHS)**

North Inland Teen Recovery Center  
340 Rancheros Drive, Suite 166  
San Marcos, CA 92069  
Tel: (760) 744-3672 Fax: (760) 744-6182

#### **McAlister Institute (MITE)**

North Rural Teen Recovery Center  
323 Hunter Street  
Ramona, CA 92065  
Tel: (760) 788-6520 Fax: (760) 788-4790

#### **Phoenix House of San Diego**

North Coastal Teen Recovery Center  
785 Grand Avenue, Suite 220  
Carlsbad, CA 92008  
Tel: (760) 729-2830 Fax: (760) 729-2798

## **SOUTH**

### **NON-RESIDENTIAL SERVICES**

#### **McAlister Institute (MITE)**

South Bay East Teen Recovery Center  
2429 Fenton Street, Building 5  
Chula Vista, CA 91914  
Tel: (619) 482-9300 Fax: (619) 482-9333

## **COUNTYWIDE**

### **RESIDENTIAL SERVICES**

#### **McAlister Institute (MITE)**

Adolescent Group Homes  
Tel: (619) 442-0277 ext. 121  
(Call for locations)

#### **Phoenix House Academy of San Diego**

23981 Sherilton Valley Road  
Descanso, CA 91916  
Tel: (619) 445-0405X4671 Fax: (619) 445-9028

"The solution to adult problems tomorrow depends on large measure upon how our children grow up today."

-- Margaret Mead, Anthropologist

WHATEVER YOU DO,  
DON'T GIVE UP



That child who upsets you so much is the same little boy or girl who, only yesterday, gave you such joy. They are in way over their heads, and they never needed you quite as much as they need you now. No matter what they say

--The Partnership for a Drug-Free America



All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability, or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal eligible persons participating in Medi-Cal certified services. Services are not denied if the individual is unable to pay. **Programs are organized by region but may be sought at any location.**

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## County of San Diego Health and Human Services Agency



### ALCOHOL AND DRUG SERVICES

3255 Camino Del Rio South  
San Diego, CA 92108  
(619) 563-2700

<http://www.sdads.org>

### Access & Crisis Line

1 (888) 724-7240

### Mission Statement:

Lead the County of San Diego in reducing alcohol and other drug problems through community engagement

## DIRECTORY OF ADOLESCENT SERVICES