

# INTEGRATED BEHAVIORAL HEALTHCARE:

## We've Come Along Way



Marty Adelman, MA, CPRP  
Behavioral Health Program Manager  
619.542.4355  
[madelman@ccc-sd.org](mailto:madelman@ccc-sd.org)

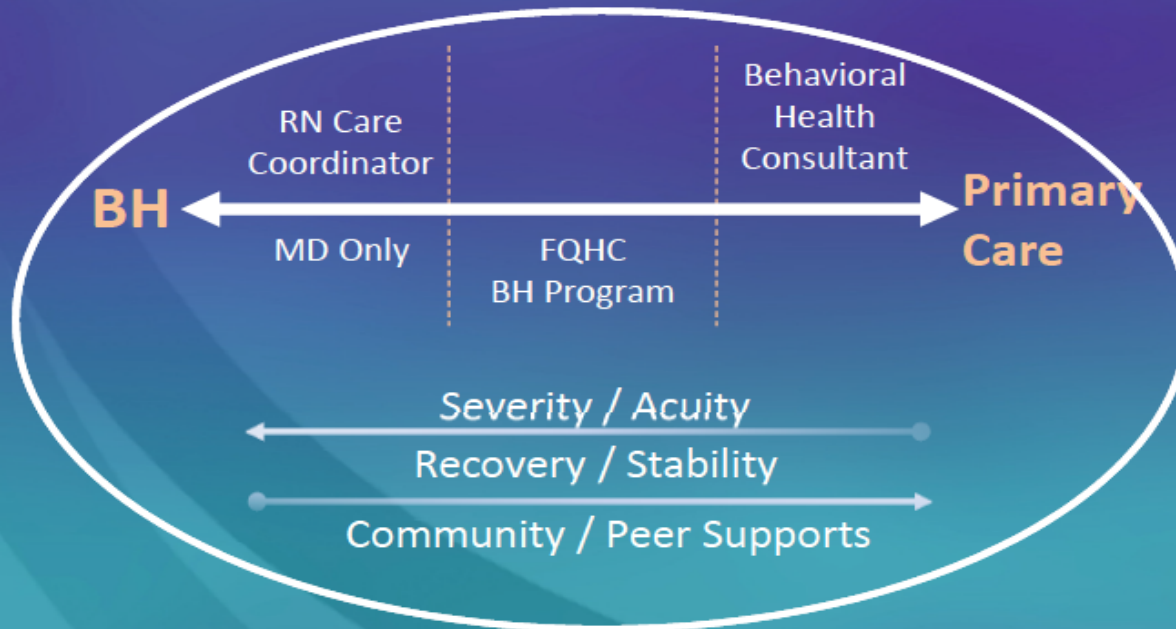
Good news; if you're here your on the train.



# Integrated Behavioral Healthcare locally

## Integrated Care System

Bi-directional, seamless flow of clients and information



# Integrated Behavioral Healthcare locally

## ACE

Access – Expanded walk-in and urgent access throughout county

Consultation – PC<sup>2</sup>, e-consult

Education – Webinars, Learning Communities and Triads Integration Summit

# Stigma

*“The Hispanic/Latino population is generally recognized as one of the least willing to seek services from mental health providers, and most underserved, due to the effect of negative stigma”.*

American Psychiatric Association website - September 2007



# **INTEGRATION counters STIGMA**

**Improves Access to Underserved  
in San Diego County**

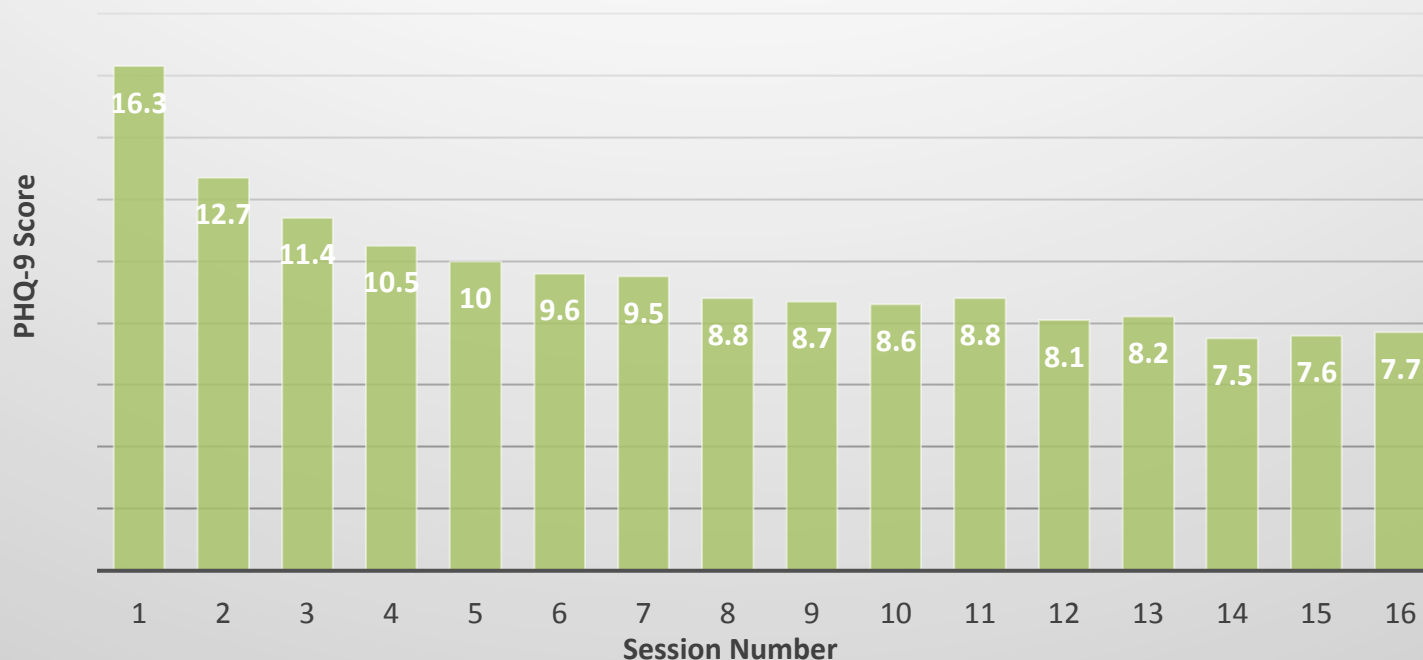
<b>Clients Served in MH &amp; PCIP in FY 2011-12</b>	<b>Clients Served in County's Specialty MH Programs in 2011-12</b>
<b>44.9%</b> Hispanic or Latino	<b>22%</b> Hispanic or Latino
<b>28.6%</b> Spanish as Preferred Language	<b>6%</b> Spanish as Preferred Language



# IMPACT

IMPACT clients complete PHQ-9 at each visit.  
Graph represents PHQ-9 scores for 1,546 A & OA's seen  
between June 2007 and June 2011.

**IMPACT Client's PHQ-9 Scores**



# Select Local Accomplishments

- Mental Health & Primary Care Integration Project;
  - BH services to 6,500+
  - Threefold increase in BH staff at FQHCs
- Smart-Care - rural integration
- Smart Care - PC<sup>2</sup>, BHCS



# Select Local Accomplishments

## People with serious mental illness die 25 years earlier

- SAMHSA-PBHCI and ICARE have screened over 1,600
- ICARE transferred 185 people to FQHCs for medication management
- FQHC staff running smoking cessation groups at Specialty MH program

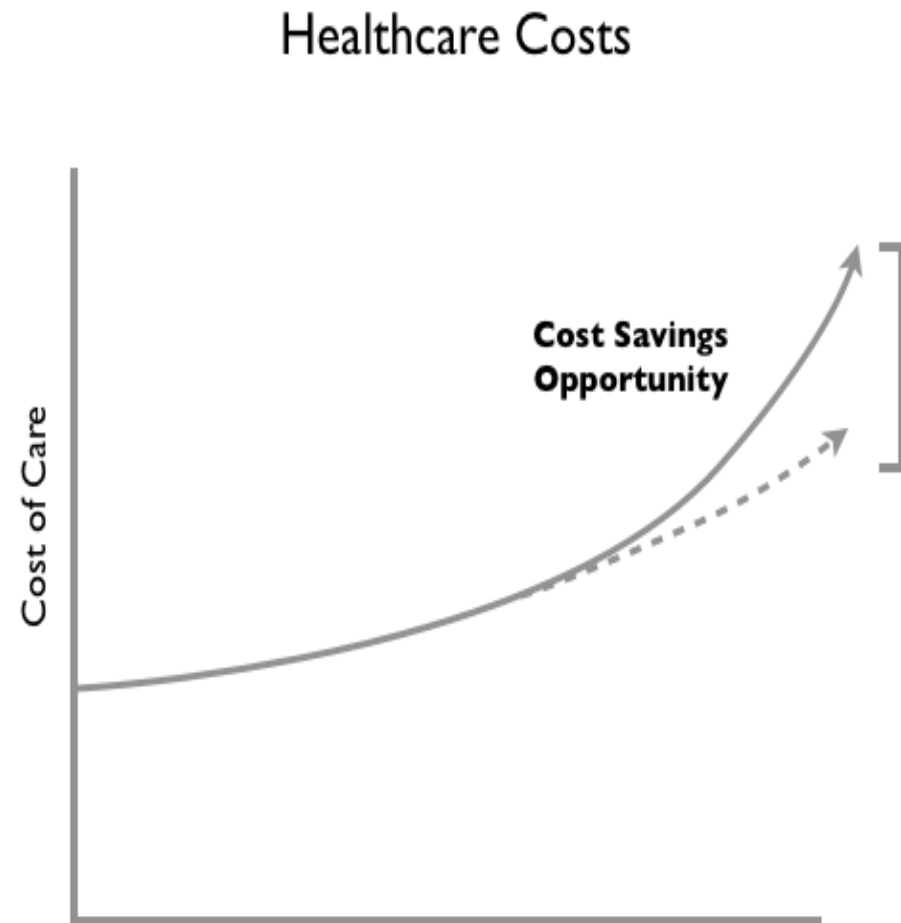


More good news –  
*the train is crowded!*



# Bending Down the Healthcare Cost Curve

To reduce the rate at  
which costs are  
increasing we must  
address behavioral  
health



# Where is the train going?

- Behavioral health care will become more accessible to more people.
- People won't be denied coverage based upon their pre-existing condition
- People will get better overall care.



