

# Financial & Workforce Aspects of Implementing Behavioral Health in a FQHC

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HEALTH & WELLNESS  
NEIGHBORHOOD HEALTHCARE

# Why add BH?

- Improve health of our community
  - SMI
  - Non SMI
- Need for behavioral change
- Close the gap
  - Access
  - lifespan

# Models

- Vertical
  - IMPACT
  - SBIRT
- Horizontal
  - BHC
- Medical services in BH clinic

# FQHC MediCal Rules

- PPS rate
  - Same reimbursement rate independent of type/length of visit
- Group visit rules
  - Can only bill one MediCal pt/group
- Face to face with licensed provider
- No same day visits
- Only LCSW, Licensed Psychologist can bill
  - No MFT; No Drug/EtOH counselor

# Billing

- Health and Behavior Codes
  - Medical dx
  - 15min intervals
- MH codes
  - 30min therapy code
- Substance abuse
  - For tx must bill state directly do not get PPS rate

# Providers

- Psych med management
  - Psychiatrist (child and adolescent?)
  - Psychiatric NP (Psychiatrist can supervise up to 4)
  - Psychiatric PA
  - Students
- Therapy
  - LCSW, Licensed Psychologist, MFT?
  - Students (SW, Psychology, MFT)

# Providers- cont

- Health Coaches
  - MA or RN or other
- Care coordinators
  - RN, MA?
- Drug/Etoh Counselors
- Peer Support

# BH Organizational Structure at Nhcare

- Central BH department
  - 3 FTE Psychiatrists; 0.5 FTE Psych NP
  - 3 FTE Psychologists
  - 0.2 FTE LCSW
  - Students (SW, Psychology, Psych NP)
- BHCs physically represent BH at primary care clinics (psychologists, LCSWs, MFTs)
  - Virtual support by psychiatrists



# BH services at Nhcare

- In primary care clinics (7 sites)
  - BHC consultation (warm hand offs etc)
    - BH concern (MH dx, SA dx)
    - Behavioral change in chronic medical dx
    - Referrals, groups
  - Tele-psychiatry or in house referral to psychiatry
- In BH department
  - Short term individual tx, groups
  - Psychiatric medication management
  - Primary care for SMI

# Psychiatry Services at Nhcare

- Psychiatrist available M-F for telephone/ electronic consultation
- Tele-Psychiatry 10% El Cajon and Temecula
- 1 hr supervision q2wks with BHCs
- Telephone encounter consultations
- Monthly BH department meeting
- Psychiatric med management in BH dept
- Primary care services at BH dept by dual boarded physicians