



5th Annual Primary Care & Behavioral Health Integration Summit

December 10, 2014 | 9:00 a.m. – 4:00 p.m. | Jacobs Center | 404 Euclid Ave San Diego, CA 92114  
www.SanDiegoIntegration.org

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**8:00 – 8:55 a.m.** **Check-In / Breakfast Served** **CELEBRATION HALL**

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**9:00 – 10:50 a.m.** **MORNING PLENARY** **CELEBRATION HALL**

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**Logistics of the Day**

- Julie A Minardi, MEd, San Diego Integration Institute & Council of Community Clinics

**Welcome**

- Henry Tuttle, CEO, Council of Community Clinics

**San Diego Integration – What Have We Learned So Far?**

- Marty Adelman, MA, CPRP, Beh. Health Program Manager, Council of Community Clinics

**State & Direction of Integration in San Diego**

- Michael S. Krelstein, MD, Clinical Director, Beh. Health Division, County of San Diego HHS Agency

**Key Note Address – “Integrating Primary Care and Behavioral Health in the Primary Care Setting: Keys to Successful Outcomes”**

- Lori Raney, MD, Medical Director for Axis Health System in Durango, Colorado

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**11:00 – 11:50 a.m.** **MORNING BREAKOUT SESSIONS** **BREAKOUT ROOMS**

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**\*\*Please Choose One Breakout Session to Attend\*\***

**Making Your Organization Trauma Informed** **Breakout Room A&B**

Steven Jella, PsyD, and staff from San Diego Youth services will describe what it takes to become a trauma informed agency including the involvement of many people at many different layers of the organization, and patience.

**Integrating Comprehensive Pain Management into Primary Care** **Breakout Room C, D&E**

Kim Swanson, PhD, a Behavioral Health Consultant at St. Charles Family Care in Central Oregon will explain how including a behavioral health consultant in a team-based approach to the treatment of pain patients in primary care can reduce team burnout and improve patient outcomes.

**Resources and Tools to Prevent Suicide and Reduce the Impact of Stigma and Discrimination**

**Chollas View Room (2nd Floor)**

Stephanie Welch, MSW the Senior Program Manager at CalMHSA will present the variety of resources and tools CalMHSA has developed to prevent suicide, improve student mental health, and to reduce the impact of stigma and discrimination available to organizations statewide.

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**12:00-12:50 p.m.** **LUNCH** **CELEBRATION HALL**

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**Eat and Network**



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**1:00-1:50 p.m. AFTERNOON BREAKOUT SESSIONS BREAKOUT ROOMS**

**\*\*Please Choose One Breakout Session to Attend\*\***

**Psychiatric Nurse Practitioners: Fitting into the Future of Health Care Breakout Room A&B**

Lydia Greiner, MSN, APRN, PMHNP-BC of the Cal State San Marcos School of Nursing will discuss the tremendous value psychiatric nurse practitioners offer to organizations as psychiatrist extenders, whether they are mental health, primary care or substance misuse treatment organizations.

**Tobacco Cessation: Investing in Client Health, Wellness & Longevity Breakout Room C, D&E**

Gary Tedeschi, PhD, of the Calif. Smokers' Helpline will discuss myths that often get in the way of our being able to help clients with mental health & substance abuse challenges quit smoking. Quitting is the best investment people can make to improve their health and extend their lives.

**Is Music Care Part of Your Practice? Chollas View Room (2nd Floor)**

Bill Protzmann, winner of the 2014 Inspiring Hope and Artistic Expression Award from the National Council, teaches us about the power of music to evoke feeling and healing and provides us the opportunity to experience it.

**2:00-2:50 p.m. REGIONAL BREAKOUT SESSIONS BREAKOUT ROOMS**

**\*\*Please Attend the Session for the San Diego Region Where You Currently Work\*\***

**CENTRAL / NORTH CENTRAL Celebration Hall**

- Facilitator: Annette Witt, LCSW, Program Manager, UCSD/Gifford Clinic

**SOUTH Chollas View Room (2nd Floor)**

- Facilitator: James "Diego" Rogers, PsyD, Vice-President of Clinical Services

**EAST Breakout Room C, D&E**

- Facilitator: Shelly Tregembo, MA, County of San Diego, BHS, HHSA

**NORTH INLAND / NORTH COASTAL Breakout Room A&B**

- Facilitator: Lauren Chin, MPH, County of San Diego, BHS, HHSA

**3:00 p.m. – 4:00 p.m. AFTERNOON PLENARY CELEBRATION HALL**

**Key Note Address: "Acknowledging Compassion Fatigue"**

- Neva Chauppette, Psy.D., Psychologist

**Sum It Up**

- Julie A. Minardi, MEd, San Diego Integration Institute & Council of Community Clinics

**4:00 p.m. END of DAY**