



6th Annual Primary Care & Behavioral Health Integration Summit

December 2, 2015 | 9:00 a.m. – 4:30 p.m. | Jacobs Center | 404 Euclid Ave San Diego, CA 92114

[www.SanDiegoIntegration.org](http://www.SanDiegoIntegration.org)

**Schedule of the Day**

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**8:00 – 8:55 a.m. Check-In / Breakfast Served CELEBRATION HALL**

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**9:00 – 10:50 a.m. MORNING PLENARY CELEBRATION HALL**

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**Welcome and Logistics of the Day**

- Marty Adelman, MA, CPRP, Council of Community Clinics

**What Do We Want Integration to Look Like?**

- Michael S. Krelstein, MD, Clinical Director, County of San Diego, HHS BHS

**A Transdisciplinary Approach**

- Ellen Beck, MD, UCSD

**Keynote Address: “Can Collaborative Care Help Us Achieve the Triple Aim?”**

- Jürgen Unützer, MD, MPH, MA, Professor and Chair, Department of Psychiatry and Behavioral Sciences, University of Washington; Director, AIMS Center

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**11:00 – 11:50 a.m. MORNING BREAKOUTS BREAKOUT ROOMS**

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**Grief and Loss**

**Breakout Room A&B**

Melissa Lunardini, MA, MFTI, Program Coordinator, The Elizabeth Hospice will help us learn new trends and current modalities to support those who are grieving, and helpful ways to interact with the bereaved.

**San Diego Death Diaries, Is Your Name on a Death Rx?**

**Breakout Room C-E**

Roneet Lev, MD, FACEP, Chair of the Prescription Drug Abuse Task Force, will provide an understanding of the opiate epidemic in San Diego County by reviewing the CURES reports of patients who died of drug overdoses, and discusses the best practices that can resolve it.

**Medication Assisted Treatment**

**Chollas View Room**

Vitka Eisen, MSW, EdD, Health Right 360 and Ana Valdés, MD, Chief Health Officer, Health Right 360 help us to understand what Medication Assisted Treatment is and the neurobiology of addiction that provides the rationale for its use. They also discuss who it’s appropriate for and how to do it.

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**12:00-12:50 p.m. LUNCH CELEBRATION HALL**

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**Eat and Network**



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**1:00-1:50 p.m.**

**AFTERNOON BREAKOUTS**

**BREAKOUT ROOMS**

**Improving Health Through Community Collaboration**

**Breakout Room A&B**

Marty Adelman, MA, Behavioral Health Program Manager for the Council of Community Clinics will review the findings of two pilot projects in San Diego that sought to determine how we can improve health by collaborating across systems of care.

**What Do Our Customers Want?**

**Breakout Room C-E**

Rachel Wick, Program Officer, Blue Shield of California Foundation and Elizabeth Morrison, LCSW, MAC review the findings of the Langer Report entitled “Exploring Low-income Californians’ Needs and Preferences for Behavioral Health Care” funded by Blue Shield of California Foundation.

**Medicinal Cannabis, What is the Evidence?**

**Chollas View Room**

J. H. Atkinson MD, Co-Director, Center for Medical Cannabis Research, UCSD provides an update from the University of California Center for Medicinal Cannabis Research in which he will review the potential therapeutic efficacy and adverse effects of marijuana.

**2:00-3:20 p.m.**

**TECHNO- PANEL**

**CELEBRATION HALL**

**Exploring the myriad of apps and online tools available to support our patients and clients in managing their physical health, mental health and substance abuse/addiction issues.**

**Moderator - Shannon Jaccard, MBA, Chief Executive Officer, NAMI San Diego**

**Panelists – Olga Felton, RN, MSN, Director of Nursing, Didi Hirsch MH Services**

**Jodie Carter, Sr Prod Develop Project Mgr, Hazelden Publishing**

**Sanjeev Bhavnani, MD, Division of Cardiology, Mobile Health and Digital Medicine, Scripps Clinic and Research Institute**

**3:40 p.m. – 4:30 p.m.**

**AFTERNOON PLENARY**

**CELEBRATION HALL**

*“Respectful and Effective Communication with Patients Burdened with the Disease of Addiction”*

- Neva Chauppette, Psy.D., Psychologist

**4:30 p.m.**

**END of DAY**