



7th Annual Primary Care & Behavioral Health Integration Summit

December 8, 2016 | 9:00 a.m. – 4:30 p.m. | Jacobs Center | 404 Euclid Ave San Diego, CA 92114 | www.SanDiegoIntegration.org

Schedule for the Day

8:00 – 8:55 **Check-In / Breakfast Served** **CELEBRATION HALL**

9:00 – 10:50 **MORNING PLENARY** **CELEBRATION HALL**

Welcome and Logistics of the Day

Marty Adelman, MA, CPRP, Health Center Partners

Brief Self-Care Activity

Susan Writer, PhD, Aurora Behavioral Health

Whole Person Wellness Pilot

Michael S. Krelstein, MD, Clinical Director, County of San Diego, HHS&A BHS

Keynote Address: “Beyond The Cliff –How to Care For Self While Caring For Others”

Laura van Dernoot Lipsky, MSW, Founder Trauma Stewardship Institute

11:00 – 12:15 **MORNING BREAKOUTS** **BREAKOUT ROOMS**

QPR – What is it? How to implement it? **Breakout Room A-B**

Leon Altamirano, PhD, Director of Integrated Behavioral Health, NCHS, Yeni Palomino, Program Director, and Lora Cayanan, Program Coordinator, for Community Health Improvement Partners present on the SD County Suicide Prevention Council and the QPR (Question, Persuade, Refer) suicide prevention model. The presenters will discuss their experience implementing QPR in a Primary Care Settings to reduce the risk of suicide, facilitate BH Integration and promote Trauma Informed Care.

Treating Addiction Through Technology **Breakout Room C-E**

New technology is constantly being developed which brings patients and clients closer to their providers. Dr’s Sanjeev Bhavnani, and Tammy Lin of Scripps Clinic and Research Institute will discuss the latest and greatest apps and on-line tools for treatment of substance use disorders, common psychiatric conditions and other chronic conditions that improve patient engagement.

Medication Assisted Treatment – 101 **Chollas View Room**

Medication Assisted Treatment is the single best approach we have to dealing with the opioid crisis. Using real life examples from his own family and addiction medicine practice, Dr. Ken Saffier, will explain what MAT is, how it’s done and why it’s so effective. He will also highlight how promoting MAT can help de-stigmatize addictive disease for patients, families, communities as well as health care professionals.



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12:15-1:15 **LUNCH** **CELEBRATION HALL**

Eat, Brief Self-Care Activity, Network

1:15-2:30 **AFTERNOON BREAKOUTS** **BREAKOUT ROOMS**

Medication Assisted Treatment – 201 **Breakout Room A-B**

Ako Jacintho, MD, who is double-boarded in Addiction Medicine and Family Medicine and current director of Addiction Medicine at HealthRIGHT 360, talks about how to implement MAT including patient selection, and options for staffing models, as well as various approaches to induction, and when which approach might be the most appropriate.

Implementing the CSSRS in Your Program or Organization **Breakout Room C-E**

Christiana Paul and a team from Sharp Mesa Vista Hospital discuss how they implemented the Columbia Suicide Severity Rating Scale and made it a seamless part of the treatment process within their program.

Responding to someone who is homicidal – A Panel Presentation **Chollas View Room**

The panelists including Brian Miller, MD, Clinical Director, Sharp Grossmont Hospital; Mark Marvin, PhD, Director, PERT and Trish Riley, JD, Director of Legal Affairs for CRF will discuss the following points:

- Is there a clear threat of harm?
- Is the threat serious and actual?
- Are there reasonably identifiable victims?
- Is the threat imminent?
- Is the victim a public official?
- What needs to be done to fulfill the duty to protect?

2:40-3:10 **LARGE GROUP PRESENTATION** **CELEBRATION HALL**

Music as Self-Care

Music has many roles in our lives. It can be both entertaining or therapeutic. Bill Protzmann explores the powerful healing effects that music offers as self-care.

3:10-3:30 **AFTERNOON BREAK** **CELEBRATION HALL**

Mix and Mingle, Snack and Drink

3:30 –4:20 p.m. **AFTERNOON PLENARY** **CELEBRATION HALL**

Keynote: " Reduce Stress, Avoid Burnout & Create Meaning & Purpose Through Self-Care"

Susan Writer, PhD, Aurora Behavioral Health

4:20-4:30 **CONCLUSION** **CELEBRATION HALL**