

2016 Integration Summit
Speaker BIOS

Dr. Susan D. Writer, Ph.D. has her Ph.D. in clinical psychology and works full-time for Aurora Behavioral Health Care, an acute in-patient psychiatric hospital in San Diego that treats children, adolescents, adults and seniors struggling with acute mental illness and substance abuse. She also sits on the Board of Directors for the Community Alliance for Healthy Minds; has a private therapy practice with Home-Based Effective Living Professionals (HELP), and is a guest lecturer at several Southern California Universities and the Navy Drug & Alcohol Counselors School. Dr. Writer has expertise in mood and anxiety disorders, bipolar disorder, personality disorders, simple and complex trauma, cutting and self-injurious behavior, suicide, sexual identity and development across the lifespan, sexual orientation, substance abuse, gender transition, sexual minority communities (“kink” and “poly”), phase of life issues, grief and loss, couples therapy and intimacy issues, self-esteem and identity development, end of life issues, and self-care for providers.

Dr. Michael Krelstein A practicing clinical and administrative psychiatrist with 20 years of experience, Dr. Krelstein currently serves as Medical Director for San Diego County Psychiatric Hospital and Clinical Director for Behavioral Health Services for San Diego County. Dr. Krelstein’s broad clinical and managerial background includes urgent/emergent care and hospital based behavioral health services along with the more recent addition of integrative care services for diverse clinical populations. Dr. Krelstein is particularly proud of his forensic background and close collaboration with law enforcement, which has earned him several Congressional recognitions. Dr. Krelstein continues to practice locally, as well as in Las Vegas.

Dr. Tammy Lin, MD, MPH, FACP practices internal medicine and integrative medicine with a focus on optimizing personal well-being, workplace wellness, and work-life integration.

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Dr. Brian P. Miller, MD, DFAPA is a diplomat of the American Board of Psychiatry and Neurology as well as a Distinguished Fellow of the American Psychiatric Association. He earned a B.S. in Psychology from UC Davis, graduating with honors, and completed psychiatric training at UC San Diego. During his last year of residency he served as Chief Resident on the Neuropsychiatry and Behavioral Medicine unit. He holds expertise in diagnosing and treating Schizophrenia and other psychotic disorders, as well as Major Depression, Bipolar Disorder and Substance abuse disorders. Dr. Miller's practice centers around individuals with severe and persistent mental illness. He provides treatment in the acute care hospital, long-term care, Board and Care facilities, and intensive outpatient programs. At Grossmont Hospital, he is the Clinical Director of Psychiatric Emergency Services, the ITP Unit, and Electroconvulsive Therapy Services. He is Chief Psychiatrist at Alpine Special Treatment Center and Assistant Clinical Professor of Psychiatry at the UCSD School of Medicine.

Dr. Kenneth Saffier, MD is a family and addiction medicine physician involved in medical school, residency and health professions education throughout his career, focusing on addiction medicine, chronic pain management and motivational interviewing. He is a member of the Residency Leadership Group of the Contra Costa Regional Family Medicine Residency, located in Martinez, California. In 2008, he completed a faculty development fellowship at USC's Division of Medical Education and is Clinical Professor in the Department of Family and Community Medicine, UC San Francisco. In 2012, he became a member of the Motivational Interviewing Network of Trainers. After receiving his medical degree from SUNY, Stony Brook, he completed his family medicine residency at Chicago's Cook County Hospital, and has continued to work in "safety net" hospitals in medically underserved communities. He is certified by the American Board of Family Medicine and the American Board of Addiction Medicine.

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Trish Green Riley, Esq. is the Director of Legal Affairs for Community Research Foundation, Inc. (CRF). She has been with CRF for 19 years. She works extensively with CRF clinical staff in managing Tarasoff incidents when they arise. She also works extensively in the area of client/patient confidentiality.

Dr. Sanjeev Bhavnani, MD is a cardiologist and physician-investigator in the field of wireless medicine and mobile health at Scripps Clinic and Research Institute. As a principle investigator he has designed clinical trials using nanosensors, wireless mHealth and smartphone-connected devices, handheld ultrasound and cloud-based platforms in new telemedicine studies across various patient populations including health and fitness, diabetes, pulmonary diseases, HIV, and hypertension. These trials are designed to assess the impact of technology-enabled care on health care quality, outcomes, and costs. A development within these programs has been the design of international and global mobile health initiatives to assess the impact of these technologies in resource-limited areas. Dr. Bhavnani and his team have designed the first smartphone-connected mHealth clinics in Uganda, India, and in Mexico to engage communities with new technologies. These experiences are being translated to design population-based digital health programs for underserved areas in San Diego and across the United States to empower and enable these communities through education, design thinking, and entrepreneurship. He works with teams of clinicians, researchers, biomedical engineers, and biostatisticians and has developed STEM programs for high school, undergraduate, and graduate students, and as a practicing cardiologist is involved in teaching a wide range of students in medicine, nursing, and engineering. Dr. Bhavnani has been recipient of awards from national medical organizations including the American College of Cardiology and the American Society of Hypertension as well as Young Investigator Awards from the American Society of Echocardiography and the Heart Rhythm Society. He is board certified in internal medicine, cardiovascular diseases, nuclear cardiology, echocardiography, and informatics. He serves on the technology task forces of several medical societies to develop digital health strategies and policy. His work with community mobile health has been featured in several articles and publications and he has been named a 'Top Doc' in San Diego Magazine for these efforts.

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Dr. Mark W. Marvin, Ph.D is a Licensed Psychologist who was named Director of the Psychiatric Emergency Response Team (PERT) – San Diego County in early 2015. PERT consists of specially trained law enforcement officers/deputies and paramedics who are paired and ride their entire shift with licensed mental health clinicians. Together, they respond on-scene to people in mental health crisis who have come to the attention emergency dispatch. PERT also provides education and training to public safety personnel on responding to mental health crises. Prior to joining PERT, Dr. Marvin served thirty years as a clinician, consultant, and Chief Psychologist with Community Research Foundation. Furthermore, Dr. Marvin has extensively provided services to public safety agencies (law enforcement, fire service, emergency medical, and dispatch), including the *San Diego Police Department* (since 1990), *U.S. Department of Homeland Security* (since 1994, including legacy agencies), and the *Drug Enforcement Administration -- U.S. Department of Justice* (since 2008). His services have included training development and presentation; Emergency/Hostage Negotiation consultation & training; post-trauma intervention; management consultation; peer support development; death notification; and counseling.

Laura van Dernoot Lipsky, MSW, is the founder and director of the [Trauma Stewardship Institute](#) and author of the book [Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others](#).

Laura has worked directly with trauma survivors for 28 years and is known as a pioneer in the field of trauma exposure. She has worked nationally and internationally training a wide variety of individuals including zookeepers and reconstruction workers in post-Hurricane Katrina, community organizers and health care providers in Japan, U.S. Air Force pilots and Canadian firefighters.

Laura holds a master of social work degree, is an associate producer of the award-winning film [A Lot Like You](#), and was given a Yo! Mama award in recognition of her work as a community-activist mother.

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Dr. Larkin Hoyt is a licensed clinical psychologist. She is currently the Director of Outpatient Services at Sharp Mesa Vista Hospital and the Director of the Sharp McDonald Center located in San Diego, Ca. Sharp Mesa Vista serves approximately 325 outpatients per day and the Sharp Mc Donald Center is a sub-acute chemical dependency hospital with both inpatient and outpatient programs which treats people that are chemically addicted and mentally ill (CAMI). Dr. Hoyt also serves as a core faculty member and primary supervisor for the Sharp HealthCare Doctoral Internship Program. Dr. Hoyt has a small private practice in Bankers Hill. She earned both her doctorate and master's degree in Psychology at California School of Professional Psychology at Alliant International University, and a bachelor's degree in Psychology from University of California, Davis. Prior to her position in leadership at Sharp she was the clinical program director of Alpine Special Treatment Center which is a 101 locked inpatient facility for mentally ill chemically dependent adults.

Lindsay Kramer, MFT brings a decade of experience in Dual Diagnosis and Addictive Illness into her Lead position in Sharp Mesa Vista's Adult Intensive Outpatient Program, which treats patients with chronic, severe mental illnesses. Within her position at Sharp, Lindsay seeks to utilize a recovery-based model in all areas of treatment. Lindsay has been an integral part in launching the use of the Columbia Suicide Severity Rating Scale (C-SSRS) on the Sharp Mesa Vista campus, as she has trained several outpatient programs on the use of the C-SSRS and overall conceptualization of suicide risk and treatment. Aside from concurrently maintaining a private practice, Lindsay is the author of Write it Down, Let it Go: A Worry Relief Journal, and is a contributor to Recovery.org.

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Christiana Paul, LMFT is a Licensed Marriage and Family Therapist working with Sharp Mesa Vista Hospital in San Diego, California. Ms. Paul has a Master's Degree from University of San Diego. She has worked in Outpatient and Partial Hospitalization Programs since 2001 and has been with Sharp Mesa Vista Hospital since 2007. As the Vice President of the Patient Care Continuum for Sharp Mesa Vista, Ms. Paul assumes responsibility for collaborating with Sharp Mesa Vista and the Sharp McDonald Center leadership, medical staff, and outlying health care facilities to facilitate and enhance the patient experience, patient management and flow. This includes oversight for clinical programming for inpatient and outpatient programs at Sharp Mesa Vista and the Child and Adolescent Service Line. Ms. Paul focuses her leadership in the areas of Patient Engagement, Staff Engagement, and Physician Engagement.

Lora Cayanan is a Program Coordinator for the San Diego County Suicide Prevention Council (SPC) with Community Health Improvement Partners (CHIP). She has been with CHIP since 2014 as an intern working with multiple departments. In 2015, she joined CHIP as a Program Assistant coordinating San Diego's QPR training program and volunteer trainers and helping facilitate SPC events and meetings. Lora received her Bachelor's Degree in Biological Sciences at UC Irvine and is currently completing courses to obtain her Master of Public Health.

Dr. Ako Jacintho, MD, FASAM, Director of Addiction Medicine, oversees the provision of medical addiction treatment at HealthRIGHT 360. A recent graduate of the Health Care Leadership Program through the California Health Care Foundation, he focuses on integrating the treatment of opioid addiction into primary care. Dr. Jacintho attended Brown University, earning a degree in Chemical Engineering before attaining a Medical Doctorate from the University of Massachusetts Medical School. He completed an internship and residency at the UCSF/Zuckerberg San Francisco General Hospital Family Practice Residency Program in 2001.

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Bill Protzmann His volunteer work has included Board positions with Guitars for Vets and the San Diego Veterans Coalition. He has been instrumental in connecting hundreds of military service members and Veterans with honor tickets to the largest healing music organization in town: your San Diego Symphony. Organizations like Consumer Action, The Society for Financial Education and Professional Development, 2-1-1 San Diego, and The American Music Therapy Association have all been delighted with his presentations. Go online, and you can read his articles at Fox News, Your Tango, The Good Men Project, and Psychology Today. Go to the Episcopal Community Services Friend to Friend clubhouse, and you will find him teaching at-risk people how to use music for self care. For his work with music as self care, he received an Inspiring Hope Award of Excellence from the National Council for Behavioral Health. He's here today to inspire, delight and demonstrate the power of music as a tool for self care...please give a warm welcome the Man with the Music: Bill Protzmann.

Yeni Linqui Palomino is Program Director at Community Health Improvement Partners (CHIP), a public-private partnership of over 30 organizations striving to improve the health, safety and quality of life of all San Diegans through needs assessment, collaboration and advocacy. Yeni has extensive work history dating back to 2004 in addressing the issues of environmental justice and public health in underrepresented and underserved populations in San Diego County. In a previous capacity, Palomino served as a Bilingual Program Coordinator and Organizer of the Healthy Homes and Lead Hazard Control Programs in National City and City of San Diego. Upon assuming her role at CHIP in 2010, Palomino embarked on a 2-year program development journey to inspire sustainable, grassroots leadership on public health issues which led to the creation of the CHIP / Resident Leadership Academy program – a 10-session, curriculum-based, public health leadership and advocacy program that provides residents from underserved communities with the tools and skills necessary to become lifelong health advocates addressing issues such as public safety, healthy food access and the quality of physical activity opportunities. The CHIP / Resident Leadership Academy (RLA) has over 100 graduates from neighborhoods spanning San Diego and Orange

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counties since the model was created in 2011. RLA graduates are in the process of implementing over 20 community improvement projects in their respective neighborhoods. In October of 2012, Palomino became involved in the behavioral health sector and became certified to train others in Applied Suicide Intervention Skills Training (ASIST) through a week long train the trainer suicide prevention training course. In addition, she became the Program Manager for the San Diego County Suicide Prevention Council (SPC) and at the regional level the lead for the California Suicide Prevention Network (CSPN)- Southern California Region encompassing the San Diego, Orange, San Bernardino, Imperial and Riverside counties. Through that regional effort she facilitated the creation of a Best Practice on How to Use Social Media in Suicide Prevention work that was approved and shared statewide with others in the field. Since then she has continued to facilitate the implementation of the Suicide Prevention Action Plan (SPAP) at a local level through the SPC activities whose goal is zero suicides.