

## Leon Altamirano

Dr. Altamirano is a licensed Psychologist whom has dedicated his career to improving access to behavioral health services. Over the past 25 years, he has worked in a variety of areas in San Diego's System of Care including residential treatment programs, acute psychiatric hospitals, in the California Department of Corrections, as Psychologist and trainer for the Sand Diego American Indian Tribes and Federal Indian Health Services, and most recently as the Director of Integrated Behavioral Health for North County Health Services Federally Qualified Health Centers.

Dr. Altamirano's clinical approach focuses on prevention education, teaching suicide prevention, and normalizing the understanding of trauma and adverse childhood experiences as a means of reducing stigma. His experience has resulted in a commitment to changing the paradigm of behavioral healthcare delivery to one that is multidisciplinary, trauma-informed, tied to local and national campaigns to reduce disparities and focuses on reducing suicide rates where they are most easily impacted (in Primary Care).