



10th Annual Primary Care & Behavioral Health Integration Summit

December 4, 2019 | 9:00a.m. – 4:30p.m. | Jacobs Center | 404 Euclid Ave San Diego, CA 92114 www.sandiegointegration.org

8:00 – 8:55 a.m. Check-In / Breakfast Served CELEBRATION HALL

9:00 – 10:35 a.m. MORNING PLENARY CELEBRATION HALL

Welcome - Marty Adelman, MA, CPRP, Health Center Partners

Open Remarks from County Leadership – Luke Bergmann, PhD, County of San Diego, HHS, BHS

Keynote Address "Harnessing the Power of Mindset to Improve Healthcare Outcomes"

Kari Leibowitz, Stanford Interdisciplinary Graduate Fellow, Researcher - Stanford Mind & Body Lab

10:35 – 10:45 p.m. MORNING BREAK CELEBRATION HALL

10:45 – 12:00 p.m. MORNING BREAKOUTS BREAKOUT ROOMS

Implementing Strategies for Utilizing Mindset in Practice

Kari Leibowitz, MA Room A

How Intuitive Eating Can Help You Be Healthier, Happier, Stronger and More Resilient

Steph Gaudreau, NTP Room B/C

The Healing Touch: Experience the Value of Energy Therapies

Lisa Golden, HTCP/I Room D/E

12:00 – 12:50 p.m. LUNCH CELEBRATION HALL

12:55-2:10 p.m. AFTERNOON BREAKOUTS BREAKOUT ROOMS

What We Should Know About Sleep That Will Help Us Sleep Better

Wendy Hileman, PhD, MPH, MSW, MS Room A

The Evolution of MAT services in FQHCs, What Have We Learned?

Jeffrey Norris, MD and Gabriel Rodarte, MD Room B/C

Integrating Eastern and Western Medicine for Optimal Health

Christine Adamo, DAOM, LAc Room D/E

2:15-3:15 p.m. LARGE GROUP PRESENTATION CELEBRATION HALL

How Prevention and Early Intervention Programs Can Lead to a Brighter Future

Joseph Edwards, LMFT, and Christine Frey

3:15-3:30 p.m. AFTERNOON SNACK CELEBRATION HALL

3:30-4:30 p.m. AFTERNOON PLENARY CELEBRATION HALL

"Superhero Leadership: How Everyday People Can Have Extraordinary Impact" – Brett Culp

4:30 p.m. END of DAY