

# Register Today!

14th Annual Primary Care and Behavioral Health Integration Summit

January 24, 26th and 29th



HEALTH QUALITY PARTNERS  
of Southern California

The Annual Integration Summit showcases emerging ideas and practices in integrated behavioral health. During this free, virtual event with speakers over three days, local and national leaders will present on topics related to the physical, mental, and substance use needs of our community members and clients.

**Free CEs for those in the BBS, BRN, and CCAPP disciplines.**

**Anyone who works in behavioral health, primary care, mental health, and/or substance use disorder treatment in San Diego County is encouraged to attend.**



Day 1: 9:00 am - 2:15 pm PST | Wednesday, January 24, 2024

Day 2: 9:00 am - 1:45 pm PST | Friday, January, 26, 2024

Day 3: 9:00 am - 1:45 pm PST | Monday, January 29, 2024

**Register once to attend any or all sessions.**

**Register Today!**

**Daily agenda and sessions are below.**



Questions? Contact Elana Metz: [emetz@hqpsocal.org](mailto:emetz@hqpsocal.org)

# Summit Agenda

## 14th Annual Primary Care and Behavioral Health Integration Summit



### Wednesday, January 24th

9:00 – 9:30 am

#### Welcome/Introduction

Welcome

*Elana Metz, Health Quality Partners*

Opening Remarks

*Luke Bergmann, PhD*

9:30 - 10:45 am

#### Keynote Address

"The Devastating Impact of Racism in Healthcare"

*Nicole Christian-Brathwaite, MD*

10:45- 11:00 am

#### Break

11:00 – 12:30 pm

#### Morning Breakout

"Who to Call in a Crisis: Understanding the Crisis Continuum of Care with the ACL, MCRT and PERT"

*Panel Presentation*

12:30 - 1:00 pm

#### Break for Lunch

1:00 - 2:15 pm

#### Afternoon Breakout

"LEAP & Anosognosia: I AM NOT SICK, I Don't Need Help!"

*Xavier Amador, PhD*

### Friday, January 26th

9:00 – 10:15 am

#### 1st Morning Breakout

"Transforming the Healthcare System in collaboration with Formerly Incarcerated Individuals"

*Shira Shavit, MD*

*James Mackey, MSW, DHSc*

*Sayone Thihalolipavan, MD*

10:15 - 10:30 am

#### Break

10:30 - 11:45 am

#### 2nd Morning Breakout

"Integration 2.0: Exponential Growth, Population Health & Empathy for All"

*Elizabeth Morrison, PhD,*

*LCSW, MAC*

11:45 - 12:30 pm

#### Break for Lunch

12:30 - 1:45 pm

#### Afternoon Breakout

"Harm Reduction 101"

*Tara Stamos-Beusig*

### Monday, January 29th

9:00 – 10:15 am

#### 1st Morning Breakout

"The Science of Addiction and Medications for Opioid Use Disorder"

*Shannon Robinson, MD*

10:15 - 10:30 am

#### Break

10:30 - 11:45 am

#### 2nd Morning Breakout

"Implementing Contingency Management in the Community Clinic for Patients with Substance Use Disorders"

*Courtney Summers-Day MD*

*Claudia Gonzales, LCSW*

*Kelley De Leeuw, MD*

11:45 - 12:30 pm

#### Break for Lunch

12:30 - 1:45 pm

#### Closing Keynote

"Organizational Chronic Stress and Burnout"

*Shenandoah Chefaloh*

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## Workshop topics will include:

- Addressing racism in our medical system
- Understanding our crisis continuum of care
- Building trusting relationships with people who have severe mental illnesses
- Caring for the justice-involved population
- The neuroscience of addiction
- Medications for opioid use disorder
- Contingency management for SUD treatment
- Organizational chronic stress and burnout
- And more!



## Meet a few of our speakers:



**Luke Bergmann, PhD**  
Director of Behavioral Health Services, County of San Diego



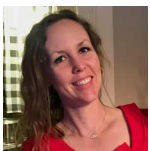
**Nicole Christian-Brathwaite, MD**  
Nationally Recognized Board-Certified Adult, Child and Adolescent Psychiatrist.



**Xavier Amador, PhD**  
CEO of the Henry Amador Center on Anosognosia.



**Shira Shavit, MD**  
Clinical Professor of Family and Community Medicine at the University of California in San Francisco and the Executive Director and Co-Founder of the Transitions Clinic Network (TCN).



**Courtney Summers-Day, MD**  
Imperial Beach Community Clinics, CMO



**Shannon Robinson, MD**  
Board Certified in Psychiatry and Addiction Medicine, Fellow of American Society of Addiction Medicine, and Principal for Health Management Associates.



**Shenandoah Chefalo**  
Founder and Lead Strategist at Chefalo Consulting, Speaker, Award-Winning Author, and Expert Trauma-Informed Specialist.

**Questions?** Contact Elana Metz: [emetz@hqpsocal.org](mailto:emetz@hqpsocal.org)